

## A.A. QUESTIONNAIRE FOR MEN

1. Present age: . . . . .
2. Age when you joined A.A.: . . . . .
- 2a. Location (city and state) of your A.A. group: . . . . .
3. Name of town in which you were raised: . . . . ., State: . . . . .  
(Town in which you went to school, not including college)
- 4.
- 5.
- 6.
7. Community attitude toward drinking at the time when your drinking started: (Check one even if Prohibition was in force at that time)  
Wet  Dry  Neutral
8. Prohibition in force when drinking started? yes  no
9. Father's occupation: . . . . .  
(Do not give title of position but state occupation in such broad terms as, for instance: watchmaker, self-employed; farm owner; teacher; railroad foreman; minister; proprietor of small, medium or large store; proprietor of small, medium or large enterprise; etc., etc. If father was or is his own employer, please state so.)
10. Father's birthplace: . . . . .
11. Mother's birthplace: . . . . .
12. Father's attitude toward drinking (Check the box preceding the description which applies):  
1  Abstainer but not disapproving; 2  Abstainer and disapproving;  
3  Prohibitionist; 4  Moderate occasional use of alcoholic beverages;  
5  Moderate regular use of alcoholic beverages; 6  Occasional intoxication;  
7  Heavy drinker; 8  Alcoholic.
13. Mother's attitude toward drinking (Check the box preceding the description which applies):  
1  Abstainer but not disapproving; 2  Abstainer and disapproving;  
3  Prohibitionist; 4  Moderate occasional use of alcoholic beverages;  
5  Moderate regular use of alcoholic beverages; 6  Occasional intoxication;  
7  Heavy drinker; 8  Alcoholic.
14. Friends of the family in the majority (Check more than one if necessary; place checkmarks in boxes before the appropriate items):  
1  were teetotalers; 2  drank at meals; 3  had cocktails; 4  gave liquor parties;  
5  male friends met at public drinking places; 6  male friends went in for week-end drinking.
15. Your age when your parents, brothers, sisters first reproached you because of your drinking (if this never occurred check the word "never," otherwise state age at time of first occurrence): Age . . . . . Never
16. If at any time after your school years you were supported by your father, mother, brothers, sisters, other relatives (but not wife or her relatives) state: from age . . . . . to age . . . . . Never  (If this never occurred check the word "never," otherwise state age.)
17. Schooling: . . . . . years. (State number of years of your schooling but not including night school. *Example:* if you completed high school but had no further formal training, write: 12 years; etc.)

18. If you had night courses or specialty courses other than graduate studies, state the courses and your ages at the time of these courses:  
 Name of course . . . . . age . . . . .  
 Name of course . . . . . age . . . . .
19. Marriage: If never married check "single"  here; otherwise state age at marriage, etc.:
- |                                   |                                    |
|-----------------------------------|------------------------------------|
| Age at first marriage . . . . .   | Age at second marriage . . . . .   |
| Age at first divorce . . . . .    | Age at second divorce . . . . .    |
| Age at first separation . . . . . | Age at second separation . . . . . |
| Age when widowed . . . . .        |                                    |
20. Children: Write in your age at birth of your first, second, third, fourth child, etc.  
 1. . . . . 2. . . . . 3. . . . . 4. . . . . 5. . . . . 6. . . . .
21. Wife's attitude toward drinking (Check the box preceding the description which applies):  
 1  Abstainer but not disapproving; 2  Abstainer and disapproving;  
 3  Prohibitionist; 4  Moderate occasional use of alcoholic beverages;  
 5  Moderate regular use of alcoholic beverages; 6  Occasional intoxication;  
 7  Heavy drinker; 8  Alcoholic.
22. If at any time your wife or her family supported you, state:  
 From age . . . . . to age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
23. If at any time you had to turn over the conduct of your finances to your wife or to the family members, state:  
 From age . . . . . to age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
24. Your age when wife first reproached you because of your drinking:  
 Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
25. Your age when your wife's family reproached you because of your drinking: Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
26. Your age when wife began to reproach you for humiliating her by your drinking: Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
27. Your age when wife began to reproach you for neglecting the finances: Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
28. Your age when wife began to reproach you for neglect of children, bad example, etc.: Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
29. Your age when wife began to show signs of jealousy: Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)
30. Your age when your wife or other members of your immediate household began changing their habits because of your drinking (*Example:* going out more frequently or going out less frequently; joining clubs; begin inviting people to the house or stop inviting people to the house; begin to take part in civic activities or stop taking part in civic activities, etc.):  
 Age . . . . . Never   
 (If this never occurred check the word "never," otherwise state age.)

31. Your occupation when you began drinking, even if not excessively: . . . .  
 . . . . .  
 (Same as in case of father's occupation, but if you were a high school or college student, or were in military service, or had not started working at that time, please state so.)
32. Occupations you had during your drinking career, before joining A.A. (Denote by a numeral the first, second, etc., occupations followed by you; for instance, "always independent artist"; or 1 journalist, 2 law clerk, 3 mechanic, etc.): . . . . .  
 . . . . .
33. State the approximate number of jobs held during the course of your drinking career: No. of jobs . . . . .
34. Your age when you began losing time because of drinking:  
 Age . . . . . Do not recall age  Never
35. Your age when you first walked out on jobs:  
 Age . . . . . Do not recall age  Never
36. Your age when you first lost job because of drinking:  
 Age . . . . . Do not recall age  Never
37. Your age when you first lost advancement because of drinking:  
 Age . . . . . Do not recall age  Never
38. Your age when you had highest earnings in the course of your drinking career (before joining A.A.):  
 Age . . . . . Do not recall age  Never
39. Your age when you were unemployed for periods of more than 3 months:  
 Age . . . . . Do not recall age  Never

### *History of Drinking Behaviors*

The order of the questions relating to the drinking behaviors has been determined by chance drawings in order not to suggest a sequence of events. [In this sample questionnaire, however, the questions have not been randomized in order to give the reader a better picture of the scope of questions.] In some instances, however, it seemed desirable to let two closely connected questions follow each other. A wide variety of drinking behaviors is listed in recognition of the great individual differences existing among alcoholics. It is not expected that any one person would have experienced all of the drinking behaviors. State your ages for those which describe your case and check "never" if the behavior has never occurred in your experience. Some forms of moderate drinking are listed in order to establish the transition from moderate to excessive drinking. Many of the questions will be illustrated by examples. The number of examples should not suggest that the given examples are the only ones which apply to that question, but rather should suggest to you the *range* of experience applicable to the question.

40. If you were a periodic drinker (getting drunk only at intervals, say of 1, 2, 3 or more months, either not drinking at all in between times or only extremely moderately; but do not put down pay-day drunks as periodic drinking) state:  
 Always  Never  Changed from steady drinking to periodic drinking at age . . . . .

41. If you were a steady drinker state:

Always  Never  Changed from periodic drinking to steady drinking  
at age . . . . .

If you had the experience described below and remember your age at the time it first occurred, please state your age in the first column. If you had this experience but do not remember at what age, please put a checkmark in the "Do not recall age" column. If you did not have this experience, please put a checkmark in the column headed "Never."

	<i>Age</i>	<i>Do Not Recall Age</i>	<i>Never</i>
42. Age at first drink.	. . . .	. . . .	. . . .
43. Age at first drunk.	. . . .	. . . .	. . . .
44. Age when you began to drink at least once a month without getting drunk. (If you never drank as moderately as that, mark in the "never" column.)	. . . .	. . . .	. . . .
45. Age when you began to drink at least once a month, getting drunk some of the time. (If you never drank as moderately as that, mark in the "never" column.)	. . . .	. . . .	. . . .
46. Age when you began drinking at least once a week without getting drunk. (If you never drank as moderately as that, mark in the "never" column.)	. . . .	. . . .	. . . .
47. Age when you began to drink at least once a week, getting drunk some of the time. (If you never drank as moderately as that, mark in the "never" column.)	. . . .	. . . .	. . . .
48. Age when you began drinking more than once a week but not every day, getting drunk only sometimes, and without any difficulties the next day. (If you never drank this way, mark in the "never" column.)	. . . .	. . . .	. . . .
49. Age when you began drinking more than once a week but not every day, getting mildly drunk on most occasions, but not having any difficulties the next day. (If you never drank this way, mark in the "never" column.)	. . . .	. . . .	. . . .
50. Age when you first went on week-end drunks (being drunk most of Saturday and Sunday, but nothing worse than a hang-over on Monday).	. . . .	. . . .	. . . .
51. Age at first occasion of "pulling a blank." (Example: Wake up in the morning after a party with no idea where you had been or what you had done after a certain point.)	. . . .	. . . .	. . . .

Do Not  
Recall  
Age      Age      Never

- |   |       |       |       |
|---|-------|-------|-------|
| 52. Age when "pulling blanks" began to occur frequently (that is to say, at least 2-3 times out of 10 drunks).  | ..... | ..... | ..... |
| 53. Age when you first started sneaking drinks. ( <i>Example:</i> Take a quick one in the kitchen without anyone seeing you when pouring drinks for guests.)  | ..... | ..... | ..... |
| 54. Age when you began wondering whether there would be enough liquor at a party, or had a few drinks before in order to make sure that you would have enough.                                      | ..... | ..... | ..... |
| 55. Age when you began gulping drinks.  | ..... | ..... | ..... |
| 56. Age when you began to refuse to talk about your drinking.   | ..... | ..... | ..... |
| 57. Age when you began to feel that you were more efficient after one or two drinks.  | ..... | ..... | ..... |
| 58. Age when you began to feel that a drink or two helped you to associate with other people.   | ..... | ..... | ..... |
| 59. Age when you began to need more liquor to get the same effect.  | ..... | ..... | ..... |
| 60. Age when you began to notice that you got drunk on less liquor.   | ..... | ..... | ..... |
| 61. Age when you began to lose control of drinking. ( <i>Example:</i> Intend to have only a couple and wind up cockeyed.)   | ..... | ..... | ..... |
| 62. Age when you started going on daytime drunks (on other days than Saturday or Sunday, but not being drunk the next day except perhaps for a hang-over).  | ..... | ..... | ..... |
| 63. Age when you first felt that your drinking was interfering with your favorite recreations and interests.  | ..... | ..... | ..... |
| 64. Age when you began to go on "benders." ( <i>Example:</i> Staying drunk for at least 2 days, but not counting Saturday or Sunday, without regard for your work or your family or anything else.) | ..... | ..... | ..... |
| 65. Age when you began taking morning drinks. ( <i>Example:</i> Feel the need of and take a drink the first thing in the morning in order to get yourself going, or "for medicinal purposes only.") | ..... | ..... | ..... |
| 66. Age when you began to act in a financially extravagant manner while drinking (buying  |       |       |       |

	<i>Age</i>	<i>Do Not Recall Age</i>	<i>Never</i>
unnecessary objects, giving exorbitant tips, cashing checks for more than you need and spending all of it, riding around in taxis for no purpose, making unnecessary long-distance calls, etc.).	.....	.....	.....
67. Age when you started solitary drinking.	.....	.....	.....
68. Age when you began neglecting food (eating only a sandwich, or nibbling pretzels or popcorn instead of the customary meal, or having meals at irregular hours or without relish, losing preference for favorite dishes, well-cooked, well-served meals, etc.).	.....	.....	.....
69. Age when you began to become indifferent toward brands of liquor, or to whether you became drunk on beer, wine or distilled spirits, as long as you got drunk on it (excluding non-beverage alcohol).	.....	.....	.....
70. Age when you began drinking occasionally non-beverage alcohol, such as bay rum, canned heat, shellac, etc., if no better drink was available.	.....	.....	.....
71. Age when you began to think of some formerly well-liked friends as "stuffed shirts."	.....	.....	.....
72. Age when you began walking out on friends.	.....	.....	.....
73. Age when friends began walking out on you because of your drinking.	.....	.....	.....
74. Age when you began to justify to yourself, or to find alibis for, your excessive drinking. ( <i>Example:</i> Convincing yourself that you were fully able to control your drinking and that whenever you got drunk it was because of some good reason and not because of lack of control, or that your efficiency required alcohol, or that alcohol was a medicine for your "nervousness," and that there was no better medicine for you, etc., etc.)	.....	.....	.....
75. Age when you began to attempt to control your drinking by going on the wagon.	.....	.....	.....
76. Age when you began to attempt to control your drinking by drinking in a different way than usual, that is, making up certain rules of drinking for yourself. ( <i>Example:</i> Deciding not to drink before a certain hour, or to drink			

	<i>Age</i>	<i>Do Not Recall Age</i>	<i>Never</i>
only at home, or to drink only in the presence of friends, or only with meals, or to drink only beer or wine, etc., etc.)	.....	.....	.....
77. Age when during drinking you started acting in an aggressive, belligerent or malicious way or committed acts dangerous to yourself or others. ( <i>Example</i> : Smashing hydrants or street lights, picking a fight with a stranger in a tavern for no justifiable reason, damaging parked cars, playing dangerous "practical jokes" on others, etc.)	.....	.....	.....
78. Age when you got into trouble because of drunk driving.	.....	.....	.....
79. Age when you began convincing yourself that any neglect to which you may have exposed your family was justified because your drinking was necessary for you or because "it was coming to them."	.....	.....	.....
80. Age when you began feeling that for your special case your family and the world in general ought to show more consideration.	.....	.....	.....
81. Age when you began suspecting that people were feeling contempt toward you, or in the best case, pity.	.....	.....	.....
82. Age when you began feeling that if people were not "sitting on you" because of your drinking you would be capable of considerable accomplishments.	.....	.....	.....
83. Age when you began to have ideas of jealousy concerning your wife or girl friend.	.....	.....	.....
84. Age when you first began to notice diminishing sex potency.	.....	.....	.....
85. Age when you began suffering from sleeplessness.	.....	.....	.....
86. Age when you began to pity yourself (feeling that everybody was down on you, that you deserved a better fate, that the world didn't give you a chance, etc., etc.)	.....	.....	.....
87. Age when you thought the best solution would be to be dead.	.....	.....	.....
88. Age when you first contemplated suicide.	.....	.....	.....
89. Age when you began thinking that a change of environment would solve your whole prob-	.....	.....	.....

	<i>Age</i>	<i>Do Not Recall Age</i>	<i>Never</i>
lem. ( <i>Example</i> : All would be well if you could only get a job in Chicago, or Weehawken, or if you could have a job where you would work all by yourself, or live in a different climate, etc.)	.....	.....	.....
90. Age when you sought or accepted the services of an intermediary to straighten out matters with your family, friends or employer.	.....	.....	.....
91. Age when you began feeling persistent remorse because of your conduct, not being able to shake off the idea that you made a fool of yourself while drinking or that you have been unjust to your family and friends or had caused them great trouble, etc.	.....	.....	.....
92. Age when you began behaving in an unreasonably resentful manner. ( <i>Example</i> : Going into a rage because you couldn't find something you were looking for, or because dinner wasn't ready on time, or because there was too much noise or because you thought people didn't show you sufficient respect; punishing your children without reason or out of proportion to the offense; being unreasonably hard on employees, etc., etc.)	.....	.....	.....
93. Age when you stopped trying to control your drinking through going on the wagon or through other means except in compliance with wishes of your family or friends.	.....	.....	.....
94. Age when you first had a convulsion after a drinking bout.	.....	.....	.....
95. Age when you began to have uncontrollable tremors (that is, jitters, shakes, or whatever you may have called it) after drinking.	.....	.....	.....
96. Age when you began to have feelings of fear without knowing what you were fearing, or fearing that there might be retribution because of your excessive drinking.	.....	.....	.....
97. Age when you began having periods of dependency.	.....	.....	.....
98. Age when you began to adopt a "what's the use" attitude (that is, see no use in trying to control your drinking, in trying to adjust to social requirements, making a living, etc.).	.....	.....	.....

	<i>Age</i>	<i>Do Not Recall Age</i>	<i>Never</i>
99. Age when you began to fear that alcohol might let you down, that is, that you might not get the usual satisfaction from it.	.....	.....	.....
100. Age when you began protecting your supply of liquor (making sure that you would have liquor always handy, making sure that family or friends wouldn't find it and take it from you).	.....	.....	.....
101. Age when you first sought medical advice or aid because of some bodily ailment due to drinking.	.....	.....	.....
102. Age at which you first voluntarily sought psychiatric advice on stopping drinking.	.....	.....	.....
103. Age at which you first sought psychiatric advice because of pressure of family or friends.	.....	.....	.....
104. Age at which you first sought psychiatric advice on "doing something" about your fears, anxieties, etc.	.....	.....	.....
105. Age at which you were first hospitalized because of acute intoxication.	.....	.....	.....
106. Age at which you were first hospitalized because of some bodily ailment due to drinking.	.....	.....	.....
107. Age at which you began to feel a religious need (pray; seek pastor's advice; wish you could be religious; began reading the Bible or religious literature; feel the need of forgiveness). In giving your age at this event take into consideration only religious need developed before any A.A. contact.	.....	.....	.....
108. Age when you began admitting to yourself that your drinking was beyond control and that you were licked (before contact with A.A.).	.....	.....	.....
109. Age when you began to admit to anyone else that your drinking was beyond control (other than to first A.A. contact).	.....	.....	.....
110. Age when you reached what you regard as your lowest point.	.....	.....	.....
111. Describe in broad terms what you regard as your lowest point: .....			
.....			
.....			