

ALCOHOLICS ANONYMOUS

ALCOHOLICS ANONYMOUS® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

- The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.
- A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.
- Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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A.A. World Services
Mail Address:
Grand Central Station
Box 459
New York, NY 10163

www.aa.org

About A.A.

A.A. can be found almost everywhere, almost all the time—in more than 105,000 groups throughout the world. We welcome opportunities to cooperate with others who are providing help to alcoholics.

Look for A.A. in your phone book, newspaper or write to:
Grand Central Station,
Box 459, New York, NY 10163.
General information is available on our Web site: www.aa.org

In 2004 more than 7,500 A.A. members from the U.S. and Canada participated in a random survey of the membership. Such studies have been conducted every three years since 1968 by the General Service Office.

The purpose of the survey has been to keep A.A. members informed on current trends in membership characteristics, and to provide information about Alcoholics Anonymous to the professional community and to the general public as part of A.A.'s purpose to carry our message to those who still suffer from alcoholism.

2004 Membership Survey

Ages of Members

Under age 21	1.5%
Age 21 through 30	7.9%
Age 31 through 40	18.2%
Age 41 through 50	33.0%
Age 51 through 60	23.1%
Age 61 through 70	11.5%
Over 70	4.8%

The average age of an A.A. member is 48 years.

Composition of Membership

White	89.1%
Black	3.2%
Hispanic	4.4%
Native American	1.8%
Asian and other	1.5%

Gender of Members

Women	35%
Men	65%

Marital Status of Members

Married	38%
Single	29%
Divorced	24%
Widowed	4%
Separated	5%

Length of Sobriety

Sober more than 10 years	36%
Sober between 5-10 years	14%
Sober between 1-5 years	24%
Sober less than 1 year	26%

Average sobriety of members is more than **eight** years.

Group Membership

86% of the members belong to a home group.

Introduction to A.A.

Factors most responsible for members coming to A.A. (two responses permitted—total responses may add up to more than 100%).

Through an A.A. member	31%
Treatment facility	31%
Self-motivated	30%
Family	23%
Court order	11%
Counseling agency	8%
Health Care provider	8%
Employer or fellow worker	5%
Non-A.A. friend or neighbor	4%
Al-Anon or Alateen member	2%
Correctional facility	2%
A.A. literature	1%
Newspaper/magazine/radio/TV	1%
Member of clergy	1%
Other	7%

Sponsorship

78% of members have a sponsor.

70% got a sponsor within 90 days.

Meeting Attendance

Members attend an average of **two** A.A. meetings per week.

Relationship with Health Care Professionals

77% of members' doctors know they are in A.A.

39% of members said they were referred to A.A. by a health care professional.

Additional Help...Before

Before coming to A.A., **64%** of the members received some type of treatment or counseling, such as medical, psychological, spiritual, etc.

74% of those members who received treatment or counseling said it played an important part in directing them to A.A.

Additional Help...After

After coming to A.A., **65%** of the members received some type of treatment or counseling such as medical, psychological, spiritual, etc.

84% of those members who received treatment or counseling said it played an important part in their recovery from alcoholism.

Members' Occupations

Retired	14%
Self-employed/Other	11%
Manager/Administrator	10%
Professional/Technical	10%
Skilled Trade	9%
Laborer	6%
Health professional	6%
Sales worker	5%
Service worker	3%
Educator	3%
Clerical Worker	3%
Student	3%
Homemaker	2%
Transportation (equip. oper.)	2%
Craft worker	1%
Disabled (not working)	6%
Unemployed	6%

The contents of this pamphlet are available in a table-top display available from G.S.O. (M-13).

The display is 27 inches high and 39 inches wide, has a double easel in the back, and can be folded in half for storage.

To order, write
Grand Central Station
Box 459,
New York, NY 10163.
 The pamphlet contents are also on G.S.O.'s A.A.Web site, www.aa.org.